**Granola Muesli**

250g big Roll oats

100g Cornflakes not sweet

100g Hazel Nuts chopped

100g almonds

25g Pumpkin seeds

25g sunflower seed

75g oil

2g Cinnamon ground

1g Salt

60g golden syrup

Dried Fruits ( raisins, cranberry, banana )

Coconut chips

* pre heat the oven on 160 c, prep a tray with baking paper
* Mix together in a bowl the oats, cornflakes, Nuts and seeds .
* Heat up the oil and the honey in a pan low heat. Once its hot pull it over the nuts oats mix.
* Add cinnamon and salt, Combine well. And transfer ton the prepared Tray
* Toast in the oven for 10min, toss carful and toast again15 min until golden
* Cool down , add dried fruits and coconut chips

**Tartine with chicken**

1 slice Sour dough

10g Butter

60g Avocado mash

80g Avocado fresh

60g Boiled Egg

10g Capers fried

20g Mix salad greens

5g Radish

20g Fennel sliced

30g baby Tomato

20g Taro chips

25g Fish sauce dressing

25g Roasted chicken

F**ish sauce dressing**

30g Egg yolk

100ml Canola oil

10g Dijon Mustard

20g Worcshiresauce

20g Honey

40gFish sauce

50g lemon

**Avocado on toast**

80g Avocado mash

30g Cherry tomato

3g Lemon juice

5g Roket salat

4g Vinaigrette

Salt

Pepper

1 Poached egg

**Eggs on toast**

2 slice Ciabatta

20g butter

2 eggs

10g Mixed Salat green

50g sliced Bacon or smoked salmon

Salt

Pepper

**Egg benedict**

2 English Muffin

10g butter

20g Hollandaise

2 eggs

60g Spinach

Salt

Black pepper

**Sauce Hollandaise**

1kg Butter

320g eggyolk

100ml sherry vinegar

20g lemon juice

30g brown sugar

2g hot sauce

Salt

**French Toast**

1thick slice brioche

15g Butter

2 eggs

30g whipped cream

½ banana cut in half

50g Berry ragout

25g maple syrup

15g Cinnamon sugar

**Berry ragout**

175g frozen berry mix

50g Sugar

100g red wine

50g water

3g corn starch

1g cinnamon stick

Lemon juice

* Heat up a pot with a bit water, add sugar and caramelize
* Add red wine and keep simmer until the sugar has dissolved
* Add cinnamon stick. Bring to boil, mix the water with the corn starch and add to the red wine reduction.
* Add half defrosted Berries, add a dash of lime juice, mix it through carefully
* Let it simmer for 5min and put on the side to cool down

**Beef tartar Dressing**

90g oilive oil

70g Dijon mustard

30g sherry vinegar

30g capers

30g baby pickles chopped

5g Worcestershire sauce

10g ketchup

5g brandy

Dash Tobasco

* Mix everything together
* Take half of the recipe and mix in 1 egg yolk for reserve for service
* Dice Baby Girkins for beef mix
* Dice capers for beef mix
* Dice shallot fresh for beef mix

5 thin slices French baguette butter toasted

**Steaks with eggs**

200g Rib eye

2 eggs

70g side salad

80g roasted potatoes

20g butter

3g chopped Garlic

3g chopped herbs

50g Cherry Tomatoes

10g canola oil

25g Bearnaise

Salt

Black pepper

**Open Seabass sandwich**

150g Seabass

2 slice ciabatta

40g Butter

25g Seaweed Aioli

15g Pickled cucumber

10g Watercress

20g cherry tomatoe

Salt

Black pepper

**Capsicum Salasa**

20g white wine vinegar

9g sugar

0.5g salt

1g garlic chopped

6g water

70g BBQ Capsicum diced

55g Cherry tomato diced

**Seaweed aioli**

240g best food Mayo

10g Garlic confit + 3g Garlic oil

Pinch chili flakes

2g lime juice

2g dried wakame / soaked 20g chopped

8g chopped gurkens

Salt

Black pepper

**Jetty Salad**

60g Beetroot pickled

5g tahini

2g lemon juice

15g Sugar

30g Salad greens

15g roasted Pumpkin

15g Feta cheese

4g toasted Pumkin seeds

4g toasted sunflower seeds

15g Quinoa mix

10g Lemon honey dressing

**Beetroot crème**

240g Pickled beetroot

30g Tahini

8g Lemon juice

10g Olive oil

70g beetroot juice/ reduce to half

Garlic confit 3g / 3g oil

**Lemon Honey dressing**

20g Balsamico white

5g Garlic confit + 3g garlic oil

11g shallots diced

12g Brown sugar

40g honey

60g Dijon

70g white wine vinegar

50g Lemon Juice

100g mineral water

300g Canola oil

**Chocolate fondant**

270g butter

250g chocolate

5 x whole eggs

5 x egg yolks

170g Sugar

100g AP flour

* In a bowl melt butter and chocolate
* In a different bowl whisk egg, egg yolk and sugar together,
* Fold slowly the egg mix into the chocolate mix
* Then fold slowly the flour in
* Fill into buttered and floured forms, chill in the fridge
* Pre heat the oven 190 c , bake 7min